

New Horizon Karate
360 West Boylston St.
West Boylston, MA 01583
(508) 852 - 3333

New 6 Week Martial Arts Movement Program Starting in March 2010

for students with Autism, Asperger's, ADD, ADHD and other non-verbal learning disabilities.

This program uses martial arts and Brain Gym exercises to help the students improve both physically as well as socially. We play games, use Brain Gym exercises and martial movement for confidence as well as body control. Classes help develop balance, large muscle groups as well as confidence and motivation. Classes are taught by Black Belt instructors with extensive experience working these children to overcome challenges. Class size is limited to only 7 students per class. Each class will have for staff a minimum of one Black Belt instructor and one Black Belt assistant. To sign up or to be put on our waiting list, please call **(508) 852 - 3333**.

[OPEN ENROLLMENT WILL BE FEBRUARY 22 - 25TH WE WILL NOT HOLD SPACES WITHOUT PAYMENT!](#)

Ages 5 - 11 yrs. Fridays Session 4:30 - 5:15 pm

Friday, March 5, 2010	4:30 - 5:15	2 spaces
Friday, March 12, 2010	4:30 - 5:15	
Friday, March 19, 2010	4:30 - 5:15	open
Friday, March 26, 2010	4:30 - 5:15	
Friday, April 2, 2010	4:30 - 5:15	
Friday, April 9, 2010	4:30 - 5:15	

Ages 5 - 11 yrs. Fridays Session 5:30 - 15:15 pm

Friday, March 5, 2010	5:30 - 6:15	1 Space
Friday, March 12, 2010	5:30 - 6:15	
Friday, March 19, 2010	5:30 - 6:15	open
Friday, March 26, 2010	5:30 - 6:15	
Friday, April 2, 2010	5:30 - 6:15	
Friday, April 9, 2010	5:30 - 6:15	

12 yrs & Teen Group - Fridays Session 6:30 - 7:15 pm

Friday, March 5, 2010	6:30 - 7:15	Full
Friday, March 12, 2010	6:30 - 7:15	
Friday, March 19, 2010	6:30 - 7:15	
Friday, March 26, 2010	6:30 - 7:15	
Friday, April 2, 2010	6:30 - 7:15	
Friday, April 9, 2010	6:30 - 7:15	

Ages 5 - 11 yrs. Saturdays Session 12:30 - 1:15 pm

Saturday, March 6, 2010	12:30 - 1:15	3 spaces
Saturday, March 13, 2010	12:30 - 1:15	
Saturday, March 20, 2010	12:30 - 1:15	open
Saturday, March 27, 2010	12:30 - 1:15	
Saturday, April 3, 2010	12:30 - 1:15	
Saturday, April 10, 2010	12:30 - 1:15	

First Time - Students 6 Week Program - \$175.00 includes Karate Uniform, White Belt, Logo Patch, Workbook

Please call Jim at New Horizon Karate (508) 852 - 3333 for more information.

http://www.horizonkarate.com/SpecialEd_Program/SpecialEd_Page.htm